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"Taking Deacon Athletics to a Higher Level"

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(if different)

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SHANLEY ATHLETIC CLUB

Shanley Athletic Club has a long history of helping student athletes in the JPII network. Our mission statement is “Taking Deacon Athletics to a Higher Level”. Our volunteer board has provided athletes with support that allows them to do just that. We have been blessed with many volunteers over the years that have shared their time and talents in order to uphold our mission. We work closely with the Activities department to meet the needs of the Deacon student athletes participating in all sports, not just a few.

Please visit the Shanley Athletic Club website for more information.

Go Deacons!

www.ShanleyAthleticClub.com



SHANLEY ATHLETIC CLUB HALL OF FAME

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Among the items that were not on my BINGO card last May was that the new Pope would be a guy named “Bob” from Chicago. So, when Cardinal Robert Prevost from St. Mary’s Catholic School on Chicago’s southside was duly elected and announced as Pope on May 8, jaws dropped.

An American? A Chicagoan? A White Sox fan? A Bears fan?

As we have grown to know Pope Leo XIV better, pleasant surprises keep coming, including his June 15 homily for Trinity Sunday. That day was also the “Jubilee of Sport” as planned in the Jubilee Year celebrations initiated by the late Pope Francis.

In his homily, the Holy Father deftly wove both themes for his hearers:

“This combination of Trinity and Sport is somewhat unusual,” he acknowledged, “yet the juxtaposition is not inappropriate. Every good and worthwhile human activity is in some way a reflection of God’s infinite beauty, and sport is certainly one of these. For God is not immobile and closed in on Himself, but activity, communion, a dynamic relationship between the Father, the Son, and the Holy Spirit, which opens up to humanity and to the world,” the Pope observed.

He then highlighted three ways sports are “a precious means for training in human and Christian virtues.” His insights provide wisdom for all of us—athletes, coaches, parents, and fans:

1. Team sports teach “the value of cooperating, working together, and sharing”—which is “the very heart of God’s life.”
2. “In an increasingly digital society,” sports bring people together and provide “a healthier sense of the body, of space, effort, and real time.” Sports also help “to preserve a healthy contact with nature and real life, where genuine love is experienced.”
3. Sports also teach us about our human imperfections and “how to lose,” for “Athletes who never make mistakes, who never lose, do not exist. Champions are not perfectly functioning machines, but real men and women, who, when they fall, find the courage to get back on their feet.”

He encouraged athletes in their mission “to reflect in all your activities the love of the Triune God.” And he concluded his homily with the reminder of “the greatest victory of all: the prize of eternal life on that playing field where games will never end and our joy will be complete.”

Go Deacons!

Mike Hagstrom is in his tenth year of service as President of St. John Paul II Catholic Schools and Director of Catholic Schools for the Diocese of Fargo. Previously, he taught Religion for 31 years and served in a variety of leadership roles at Shanley High School. He and his wife, Shawn, have two children (Therese '08 and Joseph '16) and two grandchildren (James '32 and Oliver '32).

Mike Hagstrom
President, JP II Catholic Schools





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Janelle Pederson

2025 SAC HALL OF FAME

By Julie Friederichs, Shanley Athletic Club

For the past 25 years, Janelle Pederson has been a cornerstone of the JP2 school system. Her journey began when her oldest son, Tyler, started kindergarten, and from that moment on, she has never looked back. Both Tyler and Jordan were deeply involved in Shanley activities, and wherever they were, Janelle was right there—volunteering, supporting, and giving her all. It's hard to imagine anyone in the system who doesn't know Janelle, and if you don't, you absolutely should.

The list of committees, events, and roles she has taken on is far too long to capture in one tribute. Many of us were fortunate to serve alongside her on the Shanley Athletic Club board, where she not only served as secretary but also lent her time and talents to countless other projects. If something needed to be done, Janelle was the first to step forward. She coordinates Scrip/RaiseRight, served as a lunch lady, continues to help in the kitchen, and can always be found at sporting events taking tickets with her warm smile and personal greeting.

What makes Janelle so special is the personal touch she brings to everything she does. She doesn't just know students' names—she knows how to spell them, remembers their big moments, and celebrates their victories right alongside them. Even after her boys graduated, Janelle never stopped giving. Her sharp eye for detail continues to serve Shanley well, especially when proofreading the SAC programs to make sure every student athlete is recognized properly.

So when the conversation began about this year's SAC honoree, the decision was effortless. And judging by the nearly 250 likes and the flood of comments on our Facebook page announcing our choice, it's clear that everyone else wholeheartedly agrees.

Janelle, thank you—for your years of dedication, your tireless service, and the joy you bring to our school community. We hope you know how deeply you are appreciated.





SHANLEY ATHLETIC CLUB IMPACT REPORT

2024-2025 SCHOOLYEAR

Our Mission is to Take Deacon Athletics to a Higher Level



123

Shanley Athletic Club
Members



\$96.9K

Distributions to
Deacon Athletics



81%

Shanley Students
Compete in Athletics

Distribution Breakdown

over \$10,000

- Hudl Cameras & Software - \$13,000
(1st year of 3 year commitment)
- Shanley Track & Turf - \$20,000
(2nd year of 5 year commitment)
- New Softball Field - \$35,000

\$5,000 - \$10,000

- Coach Incentives
- Football Helmets & Travel Bags
- Mary Garden

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- Support Athletes Participating in All-Star Games
- Volleyball Equipment
- Upgrade Sid Cichy Stadium PA System
- Girls Basketball Practice Jerseys
- SAC Building Shelving
- Mesh Banners
- Rapid Vacuum Splint
- Volleyball & Girls Basketball State Tournament Room Rental/Meal

SAC Events & Initiatives

- Deacon Den
- Back to School BBQ
- Teacher & Staff Appreciation
- Spring Sports Social
- Roger Maris Golf Tournament
- Fall, Winter & Spring Programs
- Hall of Fame
- SAC Raffle

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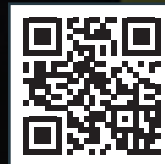
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Emmet Kenney ('21)

HIGH STANDARDS AND COMMUNITY SUPPORT

By Elizabeth Graveline

Elizabeth Graveline ('22) serves as the Opinion Editor of the Creightonian, Creighton University's student newspaper. She plans to graduate in the Spring of 2026 with a major in economics.



It was fourth and long, and Shanley football Head Coach Troy Mattern made the bold call to let his senior kicker take a 58-yard field goal attempt. With one swing of his leg, Emmet Kenney drilled it — setting a new North Dakota state record and giving Shanley football one of its most unforgettable moments. That night, he also nailed two other field goals of 50-plus yards, but the 58-yarder remains the longest of his career, even now as the starting kicker for Stanford University.

Looking back, Emmet says the record-breaking moment was about more than his leg strength. “Troy Mattern just showed a ton of faith in me...to go out and try something like that, and watching that go through...I don't think I could imagine a better moment when it comes back to high school sports.”

From game-winning kicks to academic honors, Emmet has become a model for what setting high expectations can do. His athletic journey began early. As the youngest of four, he grew up cheering on his older siblings, John, Will, and Sophia.

“I was always their biggest supporters, and they always talk about how it was kind of funny now that that's flipped; that I was always dragged to their games, and now they get to support me while I'm playing football and they're all done with everything like this,” he said. “They've just been such a positive influence in my life, and I've looked up to them in so many ways, so I just tried to follow it up as best as I could.”

A soccer player since he was five years old, Emmet credited the sport for sparking his initial interest in kicking. At Shanley, Emmet balanced soccer, basketball, track and cross country alongside football. He was also deeply involved off the field, serving as class president and a member of Student Ambassadors, Student Council and National Honor Society - all while making the Honor Roll every year.

Emmet joined the Shanley football team as a freshman with hopes of being a wide receiver. Head Coach Troy Mattern, who was missing a kicker from his roster, had different aspirations for Emmet. “Coach Mattern was just phenomenal and encouraging me to go after it, and I don't know if he saw anything in me, but it was it was a lot of his support that really encouraged me to go after it, and once I found out that I might have a knack for it, then from there, I just really became obsessed,” he said. That trust and belief from his coaches and family inspired a strong self-confidence in Emmet. He got an early taste of success from the state championship he and the Deacons earned in 2018.

As his high school years passed, the obsession took root and turned into a tangible goal: “I wrote a note saying I was going to be a Power Five player and play division one, and at the time I'd like to think I believed it 100%, but you can never know.”

Whether he believed it or not, Emmet acted like he did. He started attending training camps, talking to recruiters and getting his name out. Despite receiving several offers from Midwest schools, Emmet jumped at the chance to walk-on at Stanford - after all, his brothers, Will and John, both earned degrees there too. “It gave me the best opportunity to pursue athletics and academics at the highest level possible, and so that's why I committed as soon as I possibly could. I was really excited,” he said.

Emmet sat behind kicker Josh Carty for his first three years, but he used that time to develop his skills and mindset. “Adjusting to the mental side, it definitely took time. I don't think I would have been ready as a freshman or a sophomore

and so I'm glad that I had the time to learn and to grow," he said.

Those years of learning paid off when Emmet finally got his breakout season in 2024. That year, he delivered 74 points, with an 82.4% field goal rate, earning ACC Specialist of the Week twice, and the Jim Reynolds Award for Special Teams MVP. His season highlights, though, came from his games against Syracuse and Louisville where Emmet scored game-winning field goals.

Those high-pressure moments are where Emmet thrives most. "I, honestly, I really love it [the pressure]. That's kind of why I like kicking so much in the first place. It's really fun to just challenge yourself and see what you're capable of," he said.

Putting the moment into perspective helps him deal with the pressure. "I've really just tried not to make it bigger than it is. At the end of the day, I'm so lucky to be able to be in this position in the first place," he said.

But Emmet is not just Stanford's star kicker; he's an academic inspiration. He has earned a spot on the Pac-12 Academic Honor Roll in 2022 and 2023 and on the ACC All-Academic Team in 2024 after Stanford switched conferences.

"The biggest thing is making sure you set aside enough time for academics so that you can fully focus on your sports, your extracurricular activity, whatever it may be, when it's time to really focus in on that."

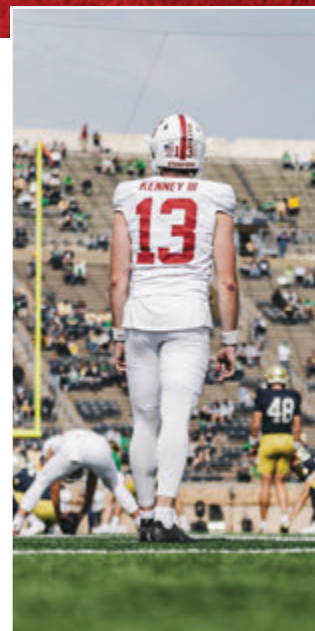
Emmet graduated in the Spring of 2025 with a bachelor's degree in science, technology and society but he decided to pursue a master's in sustainability science while returning for a fifth year on the field. "It's just been the best experience of my life here, these last several years, and so it made it easy for me to want to come back for one more," he said.

A man fueled by endless ambition, Emmet's current personal goal is his biggest yet: "I'd say I have a clear goal of wanting to make it to the NFL. And so, I absolutely want to try to be as close as I can to 100% this season. I want to try to win the Lou Groza Award for the Place-Kicker of the Year in college football" he said. "I have aspirations that high because I find that it really helps me to just pursue it with everything that I possibly can."

To younger athletes, Emmet's confidence in his skills and ability to dream are a beacon of hope, especially as a college standout from North Dakota, a state which doesn't receive much national attention. "I think the most important thing is finding your niche and finding what you're really good at and then pursuing it with everything you have and trying to broadcast yourself as much as possible," he said.

Emmet still keeps up with Shanley football and enjoys watching Coach Mattern lead a new era of players. He credits his time at Shanley and the support from his coaches, friends and parents for his success.

From a young first-time football player at Shanley to a calm, dependable kicker on the national stage, Emmet Kenney has always seized the opportunity in front of him. As he sets his sights on the NFL, belief in himself will be key — and if his past is any indication, he won't shy away from chasing big dreams.





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John Gores ('22)

PLAYING BIG

By Sheri Stockmoe, Shauley Athletic Club



Remember John Gores? Whether you saw him on the turf, ice, or track, you thought, "That kid's fast, he plays bigger than he is, and boy, is he fun to watch." Those who have played with John describe him as tough, hardworking, and a selfless teammate who was always willing to do what was best for the team.

Not much has changed for the 2022 Shanley grad. He still impresses spectators and teammates alike, but now he wears the green and gold for the NDSU Bison.

DEACON BEGINNINGS

John, the son of Jerry and Gail and brother of Grant and Max, was a three-sport athlete for the Deacons, competing in football, hockey, and track. He was a team captain in football and track and during his junior year, he earned All-EDC and All-State honors in football, his hockey team finished third at the state tournament, and he stood on the podium at the state track meet with his 4x200 and 4x400 relay teammates.

In his senior year, he really put on a show! John again earned All-EDC and All-State honors in football while leading the state in receptions (89) and total receiving yards (1,289). He received the Midco Game Ball of the Week for his performance against Jamestown, which included 21 receptions, 263 yards, and two touchdowns. Then he concluded his high school career with a third-place finish in the 100-meter dash at the state meet.

John wasn't ready to end his athletic career just yet. He had more football left to play.

THE NEXT LEVEL

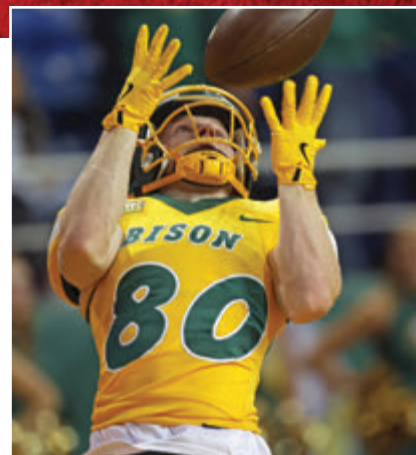
"I love the team aspect of football," John shares. "I love the locker room full of guys and seeing all sorts of personalities come together to achieve a common goal. I also love the competitive nature of football, along with the strategy that comes with the game."



Throughout the recruiting process, there was one quality John couldn't outrun: he is 5'6" tall. Multiple schools told him he was too small.

"This was hard for me," he recalls. "I felt that I was good enough to play for those schools. It was very disheartening."

John heard the concern, but he didn't listen. "It taught me to be more process-focused than results-focused. After being told I'm too small for those schools, I focused on doing what I needed to do for the team and taking advantage of every opportunity to improve."



The North Dakota State University Bison were willing to give John an opportunity.

"I wanted to play football at the highest level I could and grew up watching NDSU and all the success they had...it was a no-brainer," John says of his decision to join the Bison.

Committing to NDSU was one of John's greatest athletic highlights. "It was the culmination of so much work from myself, teammates, and coaches to achieve this goal of mine," he says.

BISON PRIDE

A Finance major, John is entering his junior season as a Wide Receiver and Punt/Kick Returner with the Bison and has some important goals in sight.

"Athletically, I want to own my role on the team and make an impact anyway I can to help the team succeed," he shares. "Personally, as an upperclassman, I want to grow in my leadership role to help younger players not only as football players but also grow as men."

John has an impressive list of successes to date at NDSU. He's earned a spot on the Missouri Valley Football Conference Honor Roll in 2022, 2023, and 2024, received the 2024 MVFC Commissioner's Academic Excellence Award, scored three touchdowns last season, won a National Championship in 2024, and, highest on John's list, he's earned the trust and respect of his teammates.

Decorated former NDSU quarterback Cam Miller stated it best in a postgame press conference, "John Gores is what Bison Pride is all about."

"That meant a lot to me as Bison Pride is something especially important to those within the NDSU program," John shares. "Bison Pride is something that has a lot of definitions, but to summarize it, it means constantly doing what's best for the program and your teammates; for the betterment of the team over what's best for myself."

IMPACTFUL

Along with God given talent, there are qualities that good football players need to possess to be successful.

"I believe the most important quality for a good football player to have is mental and physical toughness, as football is a challenging sport," John shares. "In football, you're not going to win every rep, so you must be able to bounce back the next play to help your team succeed. Another important quality is the ability to be coachable, as nobody is perfect, and you need to improve to achieve success. And finally, you need to have a purpose or else you are going to give up when it gets hard, but when you have a purpose, it can drive you to persevere and keep working toward your goals."

There is no tool to measure these qualities, but John measures off the charts in all of them.

"Someday doesn't exist; only today matters," John advises current Deacon athletes. "So, take advantage of the opportunities in front of you to achieve your goals."

He has unmatched drive and work ethic. He always thinks about his team before himself. He makes the most of every opportunity given to him. Who cares if he's small? He plays big.

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FOOTBALL



FOOTBALL (Shanley Students in **bold**)

Front Row: John Eaton, Joey Lepine, Landon Mitchell, Nick Anderson, Jake Kraft, Josiah Novotny Leino, Landon Howe, Briggs Hanson, Jax Mattern, Luke Motteberg, Gavin Veum, Alisandro Isaac, Wesley Sweat, Shawn Kotrba, CJ Johnson, Isaac Madsen, Derek Boehm, Zander Anas

2nd Row: Nolan Mack, Carter Stumpf, Liam Ertelt, Lincoln Machayya, Connor Phillips, Will Ness, **Liam Miller**, Brock Syrquin, Oliver Hegvik, Kai Zabel, Brock Carlquist, Ryan Ommen, Eli Emineth, Jacob Perkerewicz, Charlie Dukart

3rd Row: Rhett Smith, Benjamin Noonan, Alex Meidinger, Cortland Hallaway, **Matt Ahlers**, Eli Danduran, Cooper Kading, **Mark Becker**, Noah Oksendahl, Marcus Bracewell, Connor Madler, Jacob Anderson, Brady Steinhouse, Roman Singman, Luke Koch

4th Row: Nick Hawkins, **Ethan Hagemeister**, Beckett Quamme, Charlie Dahl, Cooper Pytlik, **Jude Noah**, **Charlie Snider**, Freddie Williams, **Logan Boehm**, Ethan Mitchell, Robert Raad, Logan Mayer, Ashton Schmidt, Will Sandy, Ethan Hager, Danton Young

5th Row: **Mgr. Zoie Bloch**, Coach Josh Kading, Coach Jake Kava, Coach Chris Ahlers, Coach Jamie Heinen, Coach Luke Rustad, Coach Peyton Hanzel, Coach Patrick Thiel, Head Coach Troy Mattern, Coach Todd Molden, Coach Stefan Webber, Coach Colton Pierce, Coach Isaac Emineth, **Mgr. Sarah Hankel**

Back Row: Coach Anthony Carlquist, Coach Jordan Vadnais, Coach Wayne Sargent

Not Pictured: David Andrews, Michael Hollcraft, Mgr. Birk Nelsen, **Mgr. Anna Silverman**, Ryan Zriek

ASST. COACHES



CHRIS AHLERS



ANTHONY CARLQUIST



ISAAC EMINETH



PEYTON HANZEL



JAMIE HEINEN



JOSH KADING



JAKE KAVA



TODD MOLDEN



COLTON PIERCE



LUKE RUSTAD



WAYNE SARGENT



PATRICK THIEL



JORDAN VADNAIS



STEFAN WEBBER

SENIORS



ZANDER ANAS



NICK ANDERSON



DEREK BOEHM



JOHN EATON



BRIGGS HANSON



LANDON HOWE



ALISANDRO ISAAC



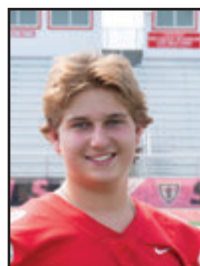
CJ JOHNSON



SHAWN KOTRBA



JAKE KRAFT



JOEY LEPINE



ISAAC MADSEN



JAX MATTERN



LANDON MITCHELL



LUKE MOTTEBERG



WESLEY SWEAT



GAVIN VEUM



TROY MATTERN Head Coach

The Head Football Coach at Shanley since 2017, Coach Troy Mattern has coached high school football for over two decades. In his career, his teams have advanced to the state title game eight times (clinching State Championships for Shanley in 2018 and 2022); he has been awarded Coach of the Year multiple times, been the head coach of the Shrine and Badlands Bowl games, and was named in National Federation Midwest Coach of the Year (Section 5) in 2023. Originally from Warroad, MN, where he is a member of the high school's Hall of Fame, Coach Mattern graduated from the University of North Dakota, where he was a member of the baseball team. Coach Mattern and his wife Jamie have four children: twins Lydia and Cooper (2021 Shanley graduates), Jax a senior at Shanley, and Ily, a freshman at Shanley.

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Kiley Craft ('22)

By Elizabeth Graveline

Elizabeth Graveline ('22) serves as the Opinion Editor of the Creightonian, Creighton University's student newspaper. She plans to graduate in the Spring of 2026 with a major in economics.

As most high school runners know, sore muscles and Saturday mornings spent on a golf course don't make those endless miles worth it. It's the people that keep you showing up on difficult days, and the team that fuels the lifelong passion.

Kiley Craft learned these lessons too after serving her time on the Shanley High School cross country and track teams from her 7th grade season through her graduation in 2022. She has dedicated countless Saturday mornings to the Shanley running program, culminating in five cross country state tournaments meets, and one track state tournament meet. Now, her Saturdays are spent leading her collegiate cross country and track team at College of Saint Mary, where she is a senior this year.

Kiley's passion for running started long before those high school cross country meets. In elementary school, Kiley was known by her peers as one of the fastest kids in school. She remembers her first experiences running as the "high-five runs" in Mr. Barry Anderson's gym class - running laps around the Holy Spirit playground.

In 4th grade, Kiley placed second in the 800m during the annual parochial track meet. She remembers vowing to herself to win the race the next year – and she did just that.

By her 7th grade year, Kiley decided to join cross country, influenced by older friends who were already on the team and her Shanley teachers Chris Foerster and Greg Falde, who doubled as her coaches.

Kiley started competing on Varsity her first year on the teams, running the 5K in cross country, and the mile, 2 mile and 4 x 800m relay in track.

Though running came easy to her initially, competing in high school sports soon taught her the importance of hard work. She found support and encouragement from her teammates. "It also helped having a group of friends that were



around me and doing the same thing and we were going through the workouts together and suffering as a unit,” Kiley said. “Realizing that we're all going through it together.”

It was these tough moments, aided by friendship and teamwork, that solidified her passion for the sport. This team mentality was reinforced by coaches Foerster and Falde who encouraged Kiley to consider the team aspect of running. “They [gave us] motivation to not only work hard for ourselves but work hard for the team and that made me realize that it's not only an individual sport, but it is also a team sport,” she said.

After recovering from a stress fracture that took away almost her whole junior season, Kiley realized what most incoming high school seniors realize - that time goes by fast. “I realized that I only have a year left to be competing with this team, so I took the summer really seriously. My parents really helped with a summer training plan, and I put in the work over the summer to have a good year,” she said.

After a summer of putting in the miles, Kiley hit the ground running to begin her senior season. She set personal records in almost all of her events in both Cross Country and Track and competed in the 2022 Track State Tournament Meet in the 4 x 800m relay.

Kiley’s hard work over the summer paid dividends, not only with her success senior season, but when she realized she was getting noticed by colleges. “It was motivational. It made me want to be better and work harder,” she said.

Kiley and her mom, Brenda, discovered College of Saint Mary, when they accidentally turned into the campus while driving through Omaha. After benefiting from a close-knit team in high school, Kiley says she choose St. Mary’s because she clicked with coach and girls on the team during a visit - an intuition that turned out to be right. Kiley says her team now has been one of her biggest motivators over her college career. “I try and just put into perspective that my team has a goal to do well and that I need to perform well in order to help my team do well. So I try to put my team first as much as possible,” she said.

After an outstanding sophomore cross country season, Kiley struggled with another stress-fracture. She returned to the track the next year intent on making up for lost time.

Her best moments of collegiate running came in her junior year track season, when she ran the 10K for the first time ever – and set a school record. She broke her own record just weeks later, her second time running the race. “I felt so accomplished and just proud of myself. And after coming off of a such horrible cross-country season. I didn't lose all of my progress over the course of being injured. It was motivational,” she said.

Kiley has represented her team on the St. Mary’s Student Athletic Leadership Team for the last two years, serving a higher purpose on the team. “It gives me leadership in a different way than being the top runner on the team. Like I still have a leadership role without being the best,” she said.

Kiley’s advice to high school runners: “don't take your time for granted because it goes by fast and you're not going to be on a team for the rest of your life. So enjoy it.”

These days, Kiley is determined to enjoy her senior season and lead her team to success. In May 2026, Kiley will graduate with a bachelor’s degree in business and a minor in theology. She plans to pursue a career in marketing, while continuing to run in her spare time. Her next goal is a 50 States challenge: running a marathon or half marathon in every state.

After a running career that has included both ups and downs, Kiley’s learned that hard work pays off. She says her proudest, and most defining moments have come when she puts in hard work in the off-season. After all, as her coach, Derek Fey says, “If you want to be a good runner, then you have to run.”

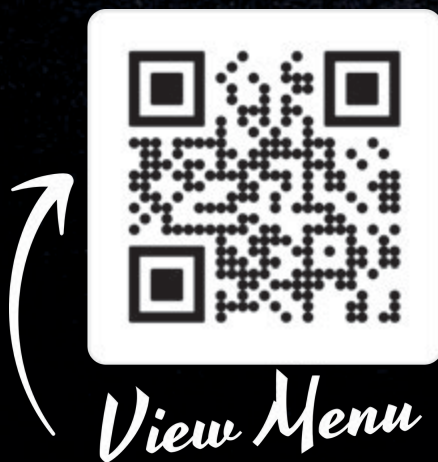


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CROSS COUNTRY

DEACON



VARSITY BOYS CROSS COUNTRY (Shanley students in **bold**)

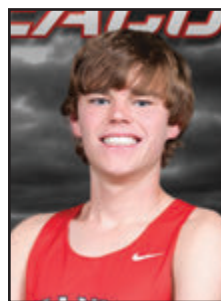
Front Row: Noah Bronson, Davis Larson, **Easton Woods**, **Taylan Costello**, Aiden Och, **Cole Foerster**, **Connor Meyer**

Middle Row: Titus Nelson, James Chaffee, Peter Shorma, Max Glynn, **Ethan Erickson**, **Jaden Ellsworth**, **Quinn Carroll**, Zach Nelson

Back Row: Hayes Chaffee, John Shorma, Coach Greg Falde, Head Coach Chris Foerster, Coach Courtney Banister, Jared Dickey, Zayne Spaulding

Not Pictured: Coach Eden Legatt, **Henry Liebl**, **Max Maple**, Mgr. Grace McLaughlin, Mgr. Ellie Waldoch

SENIORS



QUINN CARROLL



HENRY LIEBL



CHRIS FOERSTER **Head Coach**

A graduate of Shanley High School, Coach Chris Foerster is entering his 20th year as the Cross Country Head Coach. He has proudly grown the program to well over fifty competitors each season. Coach Foerster was named EDC Boys Cross Country Coach of the Year in 2005, EDC Girls Cross Country Coach of the Year 2024, and in track and field, where he serves as co-head coach with Barry Anderson, he has helped numerous state placers in sprints and relays over the years. In 2018, Coach Foerster and Anderson were named Girls EDC and State Class A Coach of the Year. The coaching duo followed that up in 2019, receiving Boys EDC Coach of the Year. A sixth-grade science and STEM teacher at Sacred Heart Middle School, Coach Foerster and his wife Elizabeth, a teacher at Trinity Elementary, have three children: Cole, Miles, and Elsa.

DEACON



VARSITY GIRLS CROSS COUNTRY (Shanley students in **bold**)

Front Row: Ellie McKeon, **Hannah Liebl**, Meg Rogness, **Angelina Olivieri**, Reagan Potter, Elle Bernhardt, Ruth Michels, Lucy Grothmann, Mia Graham, Claire Bakke, Vivienne Rygh

Middle Row: Coach Greg Falde, **Elizabeth Voss**, **Kami Dean**, **Cassidy Meyer**, Annika Aakre, **Claire Roney**, Lily Elbert, Annika Frueh, Head Coach Chris Foerster, Coach Courtney Banister

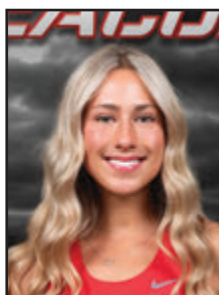
Back Row: **Augusta Torres**, Elle Biebighauser, Morgan Atchison, Maci Atchison, **Mykenna Johnson**, **Audrey Erickson**, McKinley Och, **Mary Wolf**, Olivia Shorma, **Emersyn Murphy**, Aubree Carlson, **Emily Breen**, **Violet Childress**

Not Pictured: Mgr. Grace McLaughlin, Coach Eden Legatt, Mgr. Ellie Waldoch

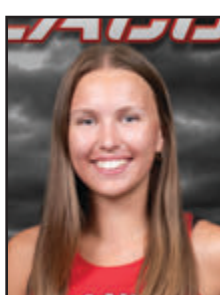
SENIORS



KAMI DEAN



LUCY GROTHMANN



ELIZABETH VOSS

ASST. COACHES



GREG FALDE



COURTNEY BANISTER

NOT PICTURED:
EDEN LEGATT



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THE SEQUELA CHRISTI

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THE CROSS

The Cross represents Christ. It is the focal point of our belief: Jesus died on the cross to redeem humanity. The cross calls us to offer our sufferings and sacrifices for God, family, and neighbor. At the foot of the cross is Mary.

THE "M"

St. John Paul II was well known for having a deep and abiding love for the Blessed Virgin Mary. His devotion to her was evident in all that he did: his teaching, his prayer life, even his papal motto and coat of arms were dedicated to the Blessed Mother. *Totus Tuus* - "I totally belong to you."

MISSION STATEMENT

As followers of Christ, the mission of St. John Paul II Catholic Schools is to teach the total person by inspiring virtue and excellence, as taught by the Catholic Church.

THE SHIELD

THE DEACONS

Our nickname, "Deacons," was adopted in the fall of 1934 for the teams of Sacred Heart Academy, forerunner of Shanley High School, and has been used ever since.

It is especially fitting for Catholic schools, since it is derived from the Greek and literally means "servants" or "those who serve" (Acts 6). The Catechism of the Catholic Church tells us that Jesus "made Himself the 'Deacon' or servant of all" (CCC 1570).

In light of our schools' mission, identity, and nickname, we expect our students to excel in serving God and neighbor.



THE SHIELD

The Shanley Shield first appeared on football helmets in the fall of 1973. It was designed by Shanley art teacher Sr. Mary Virginia Deibert, PBVM with the help of her art students.

The shield signifies strength. The cross of Christ is centered on the shield as it is the center of our Catholic faith. The "S" represents "Shanley" high school, named for Bishop John Shanley (1852-1909), who served as first bishop of the Fargo Catholic Diocese.

Graduation from Shanley High School is the capstone for the St. John Paul II Catholic Schools student experience as Deacons.

VOLLEYBALL



VARSITY VOLLEYBALL

Front Row: Shya Stockmoe, Danica Clasen, Megan Dietz, Noelle Friederichs, Carly Hulstein, Addie Bogenreif, Taya Ressler

Back Row: Hailey Miranda, Kinsley Julik, Rylee Seavert, Anna Strand, Vanessa Borr, Julia Hulstein, Brooklyn Bogenreif



TAYLOR PRESTON

Head Coach

Coach Taylor Preston enters her second season at the helm of the Shanley Deacon Volleyball team. A 2013 Fargo North graduate, Coach Preston was an All-EDC and All-State first team libero her senior year. She attended the University of Jamestown and NDSU. Preston appreciates the relationships she forms with the athletes and the culture that they create together. Coach Preston credits her brother Jonas Sanders (a Trinity Elementary teacher, JP2 coach, and Fargo Post 2 Baseball assistant) for being a huge inspiration to her as a coach. As she noted, "He lives and breathes coaching and places all of his energy towards developing his kids and he inspires me every day!"



JV VOLLEYBALL

Front Row: Kendall Kueneman, Holly Ovsak, Maya Armstrong, Lillie Knutson, Maddie Amundson, Elle Johnson,

Back Row: Cambell Evenson, Halle Paul, Merit Hanson, Vanessa Borr, Coach McKenzie Vanhoorn, Rylee Seavet, Addyson Gust, Annika Diamond, Maggie Schwind

SENIORS



ADDIE BOGENREIF



DANICA CLASEN



MEGAN DIETZ



NOELLE FRIEDERICHS



CARLY HULSTEIN



TAYA RESSLER



SHYA STOCKMOE

ASST. COACHES



SETAREH CAMPION



BERNADETTE NEWMAN



MADDIE NOESEN



ANNA VANDEVOORT



MCKENZIE VANHOORN

VOLLEYBALL



C TEAM VOLLEYBALL

Front Row: Reja DiAllesandro, Noelle Richard, Cheyenne Sowka-Porter, Lillie Knutson, Nora Hatzenbeller, Abby Ahlers, Kennedie Dingmann

Back Row: Mia Marum, Taylor Camerson, Hayden Rajdl, Stella Horner, Coach Maddie Noesen, Annie Yablonski, Bella Herzog, Lexi Schommer, Cambria Ressler

Not Pictured: Olivia Kotrba



FRESHMAN VOLLEYBALL

Front Row: Reja DiAllesandro, Alessandra Neir, Sophia Breeding, Cannyn Walter, Lilly Anderson, Core DeFoe

Back Row: Chloe Kollross, Josephine Schwind, Miriam Wanner, Coach Bernadette Newman, Lucy Hauschild, Embrie Blanchard, Emmanuella Baguma

Not Pictured: Eva Andrist



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BOYS SOCCER



Varsity Boys Soccer (Shanley students in **bold**)

Front Row: **Hayden Braun**, **Jason McAllister**, Louis Dawson, **Henry Liebl**, **Simon Schwind**, **Danik Stevens**, **Joey McLaughlin**, Ben Qualley, **Kaleb Bennington**, **Ben Tinguely**

Back Row: Coach Ryan Christianson, **David Geffre**, **Isaac Haas**, **Aguer Ripo**, Hudson Masseth, **Andrew Schneider**, **Dau Ripo**, **Oliver Dahl**, **Andrew Bernhardt**, **Ivan Tadeo**, **Ian Maguire**, Head Coach Jacob Fritz

Not Pictured: Mgr. Clare Ferguson, Mgr. Bridget Maguire



JACOB FRITZ Head Coach

A 2017 Shanley graduate, Jake Fritz enters his second season as the Boys' Soccer Head Coach. Coach Fritz was a part of the 2013 State Champion Shanley Baseball program before attending UND, where he graduated in 2021. A five-year assistant coach for Shanley Soccer, Coach Fritz played a key coaching role that brought the Deacons a state title in 2023. In his free time, he follows professional soccer, including his favorite team Manchester City. He also loves frisbee golf, spending time at the lake, working out, and serves as a proud uncle to his two nephews and one niece.



JV BOYS SOCCER (Shanley students in **bold**)

Front Row: James Pearson, **Ethan Backlund**, **Liam Gerwood**, Toby Rostvedt, Coach Grant Wiemken, **Grady Dingmann**, Angel Goldthorpe, **Jared Boehm**, Brooks Bruns vold

Back Row: Max Jentink, **Gabe Stumpf**, Leo Slack, Sammy Dawson, Marcus Novotny-Leino, **Alex McKee**, Coach Jensen Waltz, **Jamesen Schwandt**, Aaron Schmitz, **Brennan Hasey**, **Noah Johnson**, **Grant Streitz**

Not Pictured: Alonzo Elias

ASST. COACHES



RYAN CHRISTIANSON



JENSEN WALTZ



GRANT WIEMKEN

SENIORS



HAYDEN BRAUN



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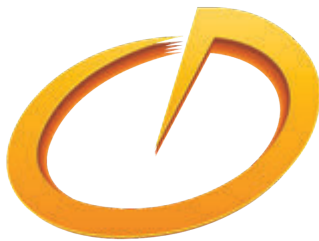
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GIRLS GOLF



Varsity Girls Golf

Front Row: Alexis Preston, Ava Cooper, Anika Astrup, Eliana Ceniceros, Olivia Preston

Back Row: Liz Biver, Lauren Graveline, Vanessa Borr, Head Coach Shari McTaggart, Bergin Deutsch, Izzy Tillisch, Taylor Sandin



SHARI MCTAGGART **Head Coach**

Coach Shari McTaggart, a Perham, MN native, has led the Shanley Girls' Golf team since 2019. She has coached golf at various levels for over a decade. Under Coach McTaggart's guidance, the Shanley program has experienced success on various levels, from increasing participation numbers to winning a team Championship in 2020. Away from the golf course and classroom, Coach McTaggart enjoys spending time with her husband, Jac, and their three grown children Torie, Carrie, and Adam (2018 Shanley grad). She also enjoys spending time with her grandbabies Aspyr and Rowan.

DEACON



JV GIRLS GOLF

Front Row: Haddie Heick, Cameron Sandin, Charlotte Reichert, Molly Flaherty, Olivia Dirks, Lana Posch, Sharlotte Koch

Back Row: Kenedi Thurs, Brooklyn Schneider, Coach Myron Bowar, Natasha Gitau, JV Head Coach Barry Anderson, Clara Stumpf, Anne Gitau

Not Pictured: Emmalise Maher

JV COACHES



BARRY ANDERSON



MYRON BOWAR

SENIORS



LIZ BIVER



AVA COOPER



BERGIN DEUTSCH



MOLLY FLAHERTY



LAUREN GRAVELINE

SPRING 2025 ATHLETE AWARDS

After each High School Season, the Eastern Dakota Conference (EDC), and Western Dakota Association (WDA) coaches vote on All-Conference and All-Tournament Teams, and Senior Athlete of the Year for their respective conference. All-Conference honors are presented following the Conference Championship. The All-State and All-Tournament Teams, as well as Senior Athlete of the Year, are announced following the State Championship game in each respective sport. The Shanley Athletic Club is proud of the following recipients:

ALL-STATE

TRACK & FIELD

Ethan Erickson

BOYS GOLF

Ryker Grinaker
Aaron Olsonawski

ALL-CONFERENCE

BASEBALL

Landon Hale

GIRLS SOCCER

Nora Roney
Cadee Schanzenbach
Molly Flaherty

BOYS GOLF

Tommy Baumgartner
Ryker Grinaker
Adrian Fillipi

GIRLS TENNIS

Mary Wolf



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BOYS TENNIS

DEACON TENNIS



VARSITY BOYS TENNIS (Shanley students in **bold**)

Front Row: **Jaden Go**, Jack Bilstad, Alex Buisan, Sota Pierce, **Gabriel Hauff**

Back Row: Coach Kai Pierce, Jonah Reindl, **Mark Wanner**, Corey Grossman, Head Coach Finnian O'Donnell



FINNIAN O'DONNELL

Head Coach

Coach Finnian O'Donnell enters his first season at the helm of the Boys' Tennis team. While it's his first year as head coach, Coach O'Donnell is no stranger to Shanley tennis. He graduated in 2021 and took third place at the tennis state tournament his senior year. Over the last five years he has worked at Courts Plus providing group and private lessons to students of all ages, but mainly elementary to high schoolers. Coach O'Donnell graduated last spring from NDSU with a degree in physical education and is a substitute teacher for Fargo Public Schools.

DEACON TENNIS



JV BOYS TENNIS (Shanley students in **bold**)

Front Row: Gavin Go, Caleb Carlson, Hudson Lang, **Michael Sandin**, Liam Stach, Ian Kremens, **Miles Foerster**

Second Row: Colin Hebert, **Alex Hamm**, Christian Sandy, Owen Hebert, Louis Tharldson

Third Row: Mauer Gudding, **Ryan Brock**, Noah Meyer, **Caleb Dahl**, Henry Glynn, **Nolan Snyder**, **Noah Johnson**, Alex Anderson

Back Row: Coach Tyler Anderson, Noah Sjruseeth, **Logan Duffy**, Ben Satterberg, **Ellis Bradley**, Logan Castagna, **Jack Duffy**, Elliott Sjruseeth, Coach Joe Sandin

Not Pictured: **Andrew Anderson**, Ethan DiFiore

ASST. COACHES



TYLER ANDERSON



KAI PIERCE



JOE SANDIN



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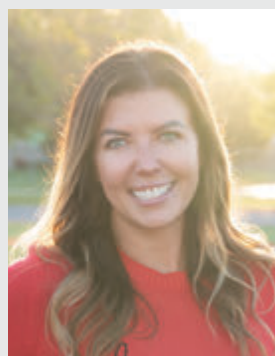
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CHEER (Shanley students in **bold**)

Left to Right: Sophia Sim, **Skyla Schaan**, **Mars Bowden**, Gretta Kegel, Daisy Dirkes, **Chloe Kollross**



AMBER CARLTON

Head Coach

A Breckenridge, MN native, head Football Cheer Coach Amber Carlton is entering her second year leading the Shanley Deacons. "I am extremely proud of this group of student athletes," Coach Carlton says. "They have been committed to 6:15 am practice three days a week since August. I am excited to see them refine their skills throughout the year." Away from cheer, Coach Carlton is a Realtor at Berkshire Hathaway HomeServices Premier Properties and enjoys spending time with her adorable Pomeranian Daisy.

GIRLS SWIM & DIVE



VARSITY GIRLS SWIM & DIVE (Shanley students in **bold**)

Front Row: Vaira Peterson, **Sunisha Tangpong**, Katherine Jones, **Nashatawn Tangpong**, Alexis Appletoft, Alexa Heckaman, Emberly Wobbema

Middle Row: Lucy Shewey, Eleonor Alstadt, Ava Sjurseth, **Ella Erickson**, Sayler Smith, Sloan Peterson, **Hazel Montgomery**

Back Row: Coach Danielle Crawford, Joely Christianson, Isla Rogne, Sophie Swenson, Gretta Kegal, Arianna Hoff, Head Coach Jackie Snyder

Not Pictured: Coach Kiernan Darling

SENIOR



SUNISHA TANGPONG

ASST. COACHES



DANIELLE CRAWFORD

NOT PICTURED:
KIERNAN DARLING



JACKIE SNYDER Head Coach

Coach Jackie Snyder has led the Shanley Swim and Dive team since 2019. A Moorhead native, Coach Snyder graduated from the University of Minnesota in Morris, where she was a swim team member. Coach Snyder won EDC Coach of the Year in 2020, 2022 and 2023 and was also named the NDHSCA Girls Swimming & Diving Coach of the Year in 2023. She is also an assistant coach for the NLSA Marlins, a club swim team based in Moorhead. A high school science teacher at Moorhead High School, Coach Snyder and her husband, Chris, live in Moorhead with their three children, Carter, Amelia, and Henry.



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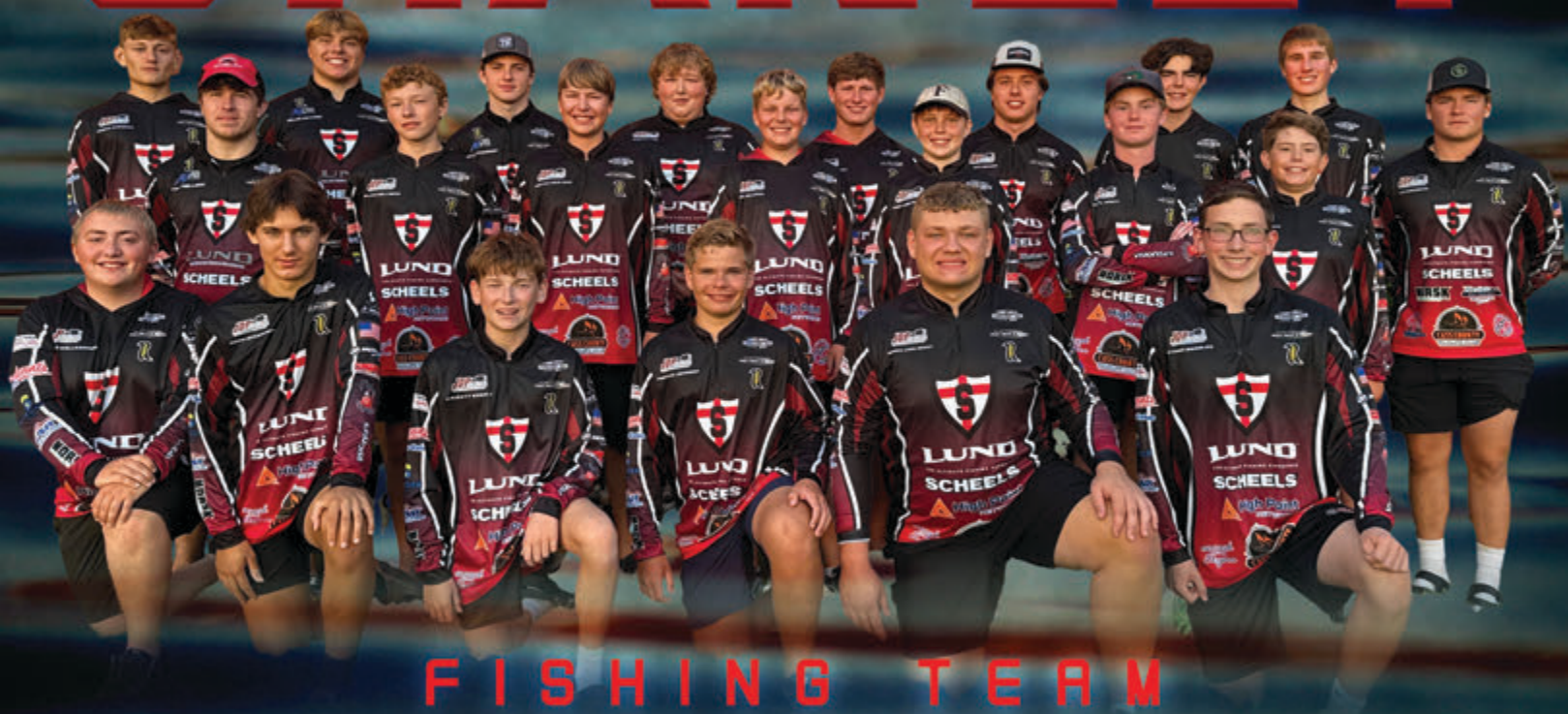


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FISHING

SHANLEY



FISHING TEAM

2025

MATTHEW 4:19



FISHING

Front Row: Bennett DiAllesandro, Noah Oksendahl, Emmett Engels, Parker Johnson, Brock Carlquist, Ethan Bradley

Middle Row: Chad Pollock, Coltin Kollross, Easton Dammen, Nolan Eukel, Ethan Hagemeister, Gabriel Hauff, Ian Montplaisir

Back Row: Brock Syrquin, Shawn Kotrba, Cale Anderson, Max Geffre, Corban Youngmark, Joseph Kotrba, Teddy Owens, Ellis Bradley, Eli Emineth

Not Pictured: John Eaton, Thomas Froslic, Joey Lepine, Shaffer Landis, Jax Mattern, Danik Stevens



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Kaden Bennington
Ethan Bradley
Carson Busek
Gabe Danduran
Holden Deutsch
Lucia Ferguson
Anna Geffre
Kaden Geigle
Emily Gietzen
Landon Hale
William Hankel
David Hollcraft
Odura Isaac
Joseph Jaeger
Kevin Johnson

Kendall Jones
Ellery Kautzman
Annabelle Maher
Marastella Nielsen
Ethan Nierode
Jackson Nierode
Greg Noel
Chad Pollock
Henry Richard
Nora Roney
Cadence Schanzenbach
Max Sornsin
Ella Stimpson
Lucy Tharaldson
Erika Wanner
Luke Warner
Tyler Wiese

The above students graduated having participated in two or three activities for all four years of high school.

The Deacon "42/43 Club" is a recognition program to honor student-athletes that have participated in two athletic activities (42 Club, in black) or three activities (43 Club, in red) each year of their high school career. This is a program that former Athletic Director Michael Breker started at Shanley many years ago and has also been implemented in other area schools. Congratulations to the 2025 Shanley graduates that achieved this recognition!

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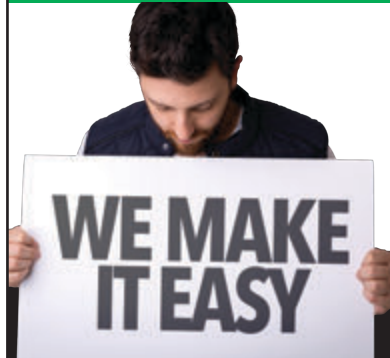
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SHANLEY

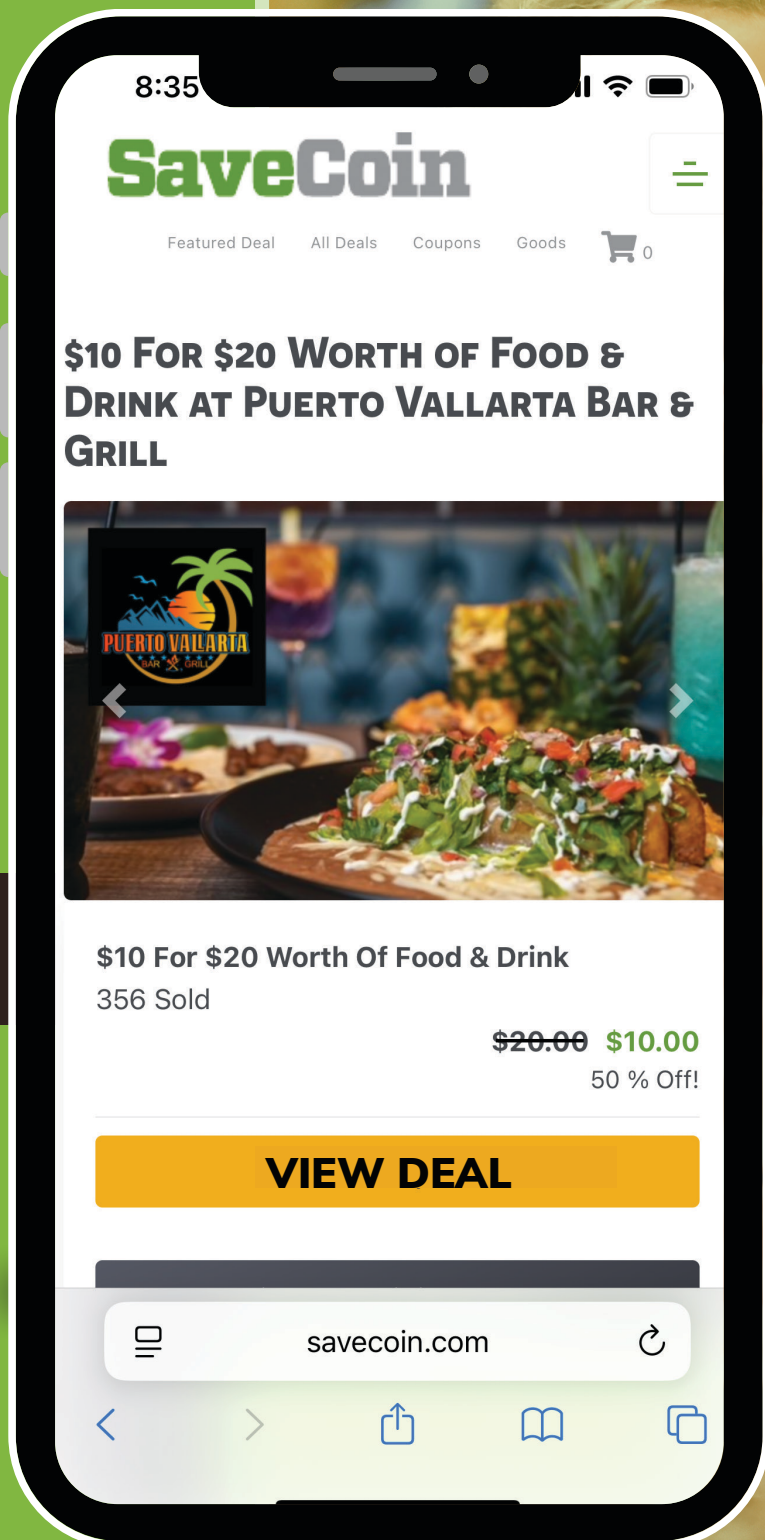
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